

What's going on with the Kane County Medical Society?
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July, 2016

KCMS Bulletin
Kane County Medical Society
2320 Dean St., Suite 106, St. Charles, IL 60175
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www.kcmsdocs.org

SAVE THE DATE



Physicians' Wellness Retreat

"Being of Sound Mind and Body"

Saturday, October 22nd

8:30 am - 12:30 pm

Location: The Q-Center at 1405 N 5th Ave., (Rt. 25) in St. Charles

Statistics show that one in three physicians suffer from burnout on any given day. They can be burned out mentally and physically. This affects their patients and their home life, and many don't realize the consequences.

This continuing education session is intended to help you acquire better understanding of stress, depression and burnout, find work/life balance and discover useful tools for stress relief. Join us with your significant other for a morning of education, empowerment and balance. Nominal fee for members.

**Use the link below for Early Bird Registration for the
Physician's Wellness Retreat:**

https://docs.google.com/forms/d/e/1FAIpQLScn5vYrASTo-Qwvtj6aZ6xavTIJ_TRnZvk3jw0iD2ylD4ZZ4g/viewform

President's Message

Make Time for You

by Dr. Andrew Ward



Dear Members,

As you can see from the information above, the Kane and McHenry County Medical Societies will be hosting a Physician Wellness Retreat for all the local county societies surrounding us. The continuing education session is intended to help you acquire better understanding of stress, depression, and burnout, find work-life balance, and discover useful tools for stress relief.

I implore you to attend. You may think the problem of stress, burnout or depression doesn't affect you today. But if not today, when? You need to be prepared and ready. One in three doctors are experiencing some type of stress, burnout or sign of depression. Do you know how to see it in you or your colleagues? How is your stress affecting your significant other? Has your work-life balance suffered? Earn 3 CME credits and take this time for you.

As a society, we will be working on additional seminars and programs to help uplift our members and their staff. Make sure to SAVE THE DATE or register early. The seating will be limited. We want you all to be healthy

Sincerely,

Dr. Andrew Ward, KCMS President



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5 – 7:30 pm

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Kane County Medical Manager News-



"Wine Down" July Event

Join your fellow medical managers for a relaxing evening away from our homes and offices. Enjoy a glass of wine and some delicious appetizers. Soft drinks will be available.

No speakers, no agenda.

Just relaxation and networking!

When: Thursday, July 21

Where: Charleston on the River located at 1 Illinois St., St. Charles, IL (in beautiful downtown St. Charles on the river)

Time: 6:30 pm

Cost: Appetizers and first glass of wine (or soft drink) at no charge for our members. Any additional drinks must be purchased by you.

NON-MEMBER cost is \$25 but if you join that night, the \$25 will go towards membership.

Email Paula @ paula@kcmsdocs.org to reserve your spot.

Important Issues for Physicians

We are highlighting two important issues that all physicians need to be aware of on our [KCMS website](#). If you have an opinion on either of these issues, you are encouraged to exercise your VOICE and weigh in on these matters so YOU can be heard.

[ISMS Advocates for Changes in MACRA](#)

[Department of Veterans' Affairs Ruling on APN's - submit comments by 7/25](#)



From the Desk of your ISMS President

Changes in Store for Illinois Medical Cannabis Program

by Thomas Anderson, MD

In recent years, it's been a rite of passage for ISMS presidents to become experts on medical cannabis due to the large number of media requests on this topic. I earned my stripes recently in a conversation with Missouri's [The Joplin Globe](#). Our neighbor to the south is considering its own medical cannabis initiative, and the *Globe* was reaching out to see how things were working in other states.

Of course, just as I had Illinois' medical cannabis law mastered, our General Assembly passed [Senate Bill 10](#) only a few days later, modifying and extending the state's pilot program through July 1, 2020. Governor Rauner signed the bill late last week, as ISMS [urged him to do](#).

While as a diagnostic radiologist I am not someone who would ever need to certify patients for medical cannabis, I can tell you that ISMS was very involved in the changes to the [Compassionate Use of Medical Cannabis Pilot Program Act](#) on behalf of Illinois physicians.

One of our top priorities was removing the requirement that in order to certify a patient for medical cannabis, the physician must state that in his or her professional opinion the patient would be "likely to receive therapeutic or palliative benefit from the medical use of cannabis." Under the new bill, physicians will certify that the patient is under the physician's care and has a qualifying condition.

This is good news for doctors. We have heard from many of you regarding the current burden of having to "recommend" medical cannabis, and we worked hard to remove it.

Another change that ISMS initiated requires the Illinois Department of Public Health to electronically submit the names of all approved registrants for medical cannabis to the Prescription Monitoring Program (PMP). This will allow physicians to see if a patient under their care is already certified for medical cannabis.

Speaking of the PMP, when Illinois enacted a law ([House Bill 1](#)) last year to tackle its serious problem with heroin and opioid abuse, one of the provisions required automatic enrollment in the PMP when a physician renews his or her state controlled substance license. All physician licenses in Illinois will be up for renewal in 2017.

If you maintain a Drug Enforcement Agency (DEA) number and want to get a head start with the PMP before next summer, [register here](#). You may want to take ISMS' free on-demand course, [The Illinois Prescription Monitoring Program and Your Practice](#).

ISMS also provides free resources for members about the Medical Cannabis Pilot Program. Keep in mind these resources reflect the law *prior to the passage of Senate Bill 10*:

- Medical legal guideline: [Tips for Certifying Patients for Medical Cannabis Cards](#)
- On-demand program: [Medical Cannabis in Illinois: Legal Impact on Physicians](#)

Medical cannabis dispensaries first opened their doors for business last November 9. As of June 1, the state has approved applications for 7,000 qualifying patients (including 52 Illinois residents under the age of 18).

While the number of patients requesting medical cannabis in Illinois is far lower than anticipated, it appears the program will not be going away any time soon. But thanks to ISMS advocacy, it will be much less burdensome for doctors and will provide crucial data on patients' histories with medical cannabis – important information to ensure the health and safety of Illinois citizens.

I look forward to hearing from you. During my term, I can be reached at DrAnderson@isms.org.

Thomas M. Anderson, M.D.

President, Illinois State Medical Society

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